New England Deaconess Hospital
Boston, Massachusetts

pulse

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Dr. Warren honored for over 50 years of association with the Deaconess

Dr. Shields Warren, consulting pathologist, world renowned for his work on the effects of radiation, was honored at a dinner at Longwood Towers on February 24 in recognition of his 50 years with the Deaconess. Dr. Warren was chief of pathology at the hospital from 1927 until 1963, when he became a pathologist-in-chief emeritus and an active consultant.

Among the 29 guests at the dinner were Drs. Roger C. Graves, Herbert D. Adams, Leland S. McKittrick, and Alexander Marble, each of whom have been associated with the Deaconess for 50 years. The hospital itself is only 81 years old.

President Laurens MacLure read letters from Dr. William A. Meissner and Natalie Fossati, Dr. Warren's executive secretary of 35 years, who could not attend the dinner.

With his appointment as chief of pathology 50 years ago, Dr. Warren organized the hospital's pathology department. He was the founder and scientific director of the Cancer Research Institute from 1951 until 1969. The Shields Warren Radiation Laboratory, built in 1965, bears his name.

After World War II, Dr. Warren went to Nagasaki to do the first study on the survivors of the atomic bomb. Besides observing the immediate effects of radiation, Dr. Warren helped initiate a study in genetics to survey the effects on second and third generations of the victims.

He served as head of the U. S. Atomic Energy Commission Division of Biology and Medicine for the first five years after its establishment and is now a consultant to the Energy, Research, and Development Administration, successor to the Commission. In 1971 he was presented the Enrico Fermi Award by the Commission for his outstanding scientific achievements and contributions to health and technical management in the development of atomic energy.

From 1970 to 1976 Dr. Warren served as chairman of the Life Sciences Advisory Committee of the National Aeronautics and Space Administration. He became the 18th recipient of the gold cane award of the American Association of Pathologists and Bacteriologists, was awarded the Albert Einstein Medal, American Cancer Society Medal, Banting Medal from the American Diabetes Association, and William Proctor Award from the Scientific Research Society of America.

Dr. Warren has served as consultant to the Department of Defense, the Space Radiation Study Panel of the National Academy of Sciences, Aeromedical Panel of the U.S. Air Force, surgeon general of the U.S. Navy, and as a consultant in atomic medicine for the Veterans Administration.

A graduate of Boston University and the Harvard Medical School, Dr. Warren is professor emeritus of pathology at Harvard Medical School.

Dr. Warren lives in Newton with his wife Alice, one of the founders and a former treasurer of the Friends of the New England Deaconess Hospital, the hospital auxiliary. They have two married daughters, Alice Emilie McLeod and Patricia May Palmer, and seven grandchildren.

Dr. Shields Warren (center r.) was honored at a dinner in recognition of his 50 years with the Deaconess. Drs. Herbert D. Adams, Roger C. Graves, Leland S. McKittrick (l. - r.) and Alexander Marble (not pictured) have also been associated with the Deaconess for 50 years.

Ann Bonas awarded NSNA scholarship

Ann E. Bonas, a resident of Fairhaven and a junior in the NEDH School of Nursing, was awarded one of five national scholarships offered by the National Student Nurses' Association (NSNA) for 1977. The $1000 PRN Scholarship was sponsored by Anthony J. Janetti, Inc., the association's advertising and exhibit management company, and is based on financial need, academic achievement, involvement in NSNA projects, and community and school activities.

Ann is a member of NSNA and is recording secretary on the board of the Massachusetts Senate of Student Nurses. She helped organize and is a member of the NEDH School of Nursing Student Nurses' Association.

Ann is a student member on the faculty council and its promotions committee. She is a member of the student council and will be its president for 1977-78. She is presently working on a committee to formulate a student bill of rights for the school.

Ann E. Bonas

Deaconess receives United Way award

New England Deaconess Hospital has received the Spirit of '76 Award from the United Way of Massachusetts Bay for exceptional contribution to the 1976 United Way campaign. The Spirit of '76 Award is given annually to those employee groups which demonstrate outstanding spirit through the achievement of significant increases in dollars raised, employee participation, payroll deduction usage, implementation of creative ideas, and other efforts.

David F. Lilley, assistant director, was in charge of coordinating and managing the campaign at the hospital. He was assisted by Marjorie R. Pond, administrative assistant, who will head the campaign next year.

Mr. Lilley received a Keyperson Award from the United Way for his outstanding leadership in this year's campaign. Keyperson Awards are given to those persons who coordinate and manage the fundraising efforts within their organizations.

The awards were presented at the United Way's annual awards luncheon March 8 in Boston.

NEDH Night at Pops set for July 6

July 6 is Deaconess Night at the Pops, which will be held in air conditioned Symphony Hall. Ticket sales will begin in the Farr lobby on June 1 and 8. Tickets are $9 and $11, tables are $45 and $55. Checks should be made payable to the Friends of the Deaconess.

Sponsored by the Friends of the Deaconess, all profits from ticket sales will benefit the NEDH School of Nursing Scholarship Fund.

For further information contact Mrs. Elmer Hinton, 45 Washburn Avenue, Wellesley Hills, MA 02181.

Deaconess is training center for army reservists

On Monday evenings parts of the Deaconess become training centers for the U.S. Army Reserves. The reservists are originally trained as medical corpsmen at Fort Sam Houston, TX, but they come to the Deaconess to continue their training and to keep their skills sharpened in the care of medical-surgical patients.

"The reservists provide a service to the hospital in the area of patient care, detection of hypertension, and the blood donor program," said Ann Hurley, R.N., nursing care coordinator who is a captain in the reserves and is the officer in charge of the Monday night army reserve program.

The Deaconess was the first hospital in New England designated as a satellite unit for training reservists. Paid by the army, the reservists have elected to come to the Deaconess to fulfill their service requirements.

The 12 reservists are assigned to the Diabetes Treatment Unit, Deaconess 4, Observation Unit, and Farr 8, where they are supervised by Miss Hurley and army reservists Helen Carcio, R.N., and Elaine Souder, R.N., instructors in the NEDH School of Nursing. In addition to rotating through these areas at the Deaconess the reservists also provide cardiopulmonary resuscitation training at other hospitals, under the supervision of Captain Carcio.

When the reservists arrive on the units, they each communicate with the members of the staffs for current reports on the patients involved in their care or in the evening activities. If they are on the DTU or Deaconess 4, this briefing helps the reservists plan an activity that's appropriate to the group of patients.

"On the DTU, the reservists get young people involved in active recreation so that the treatment component of exercise in the control of diabetes is met at the DTU," said Miss Hurley. Volleyball, basketball, and field hockey are favorite activities with both the reservists and the children.

"I enjoy it. I'm the commissioner of the South Boston Little League and I have my own basketball team with little kids, so I enjoy doing this," said reservist Marty McCarthy, who talked while playing a spirited game of field hockey. Mr. McCarthy works for the telephone company.

Patty Geiger, evening recreation director on the DTU, shares Mr. McCarthy's enthusiasm for the volunteer program. "I think it's a nice idea. The kids get a lot of exercise, which is great for them."

The reservists who serve on the DTU are aware of the signs and symptoms of insulin reaction and are trained to watch for this during the evening activities. They consult with the staff to see if any children need treatment for hypoglycemia.

Before the Monday night program begins on Deaconess 4, the reservists consult with the staff to see what patients need to be stimulated or relaxed.

"Deaconess 4 has some depressed patients who don't communicate well. We're using recreation to help stimulate interpersonal communication," said Miss Hurley. "The favorite there is charades to draw out quiet people. Sing-a-long and bingo also work well."

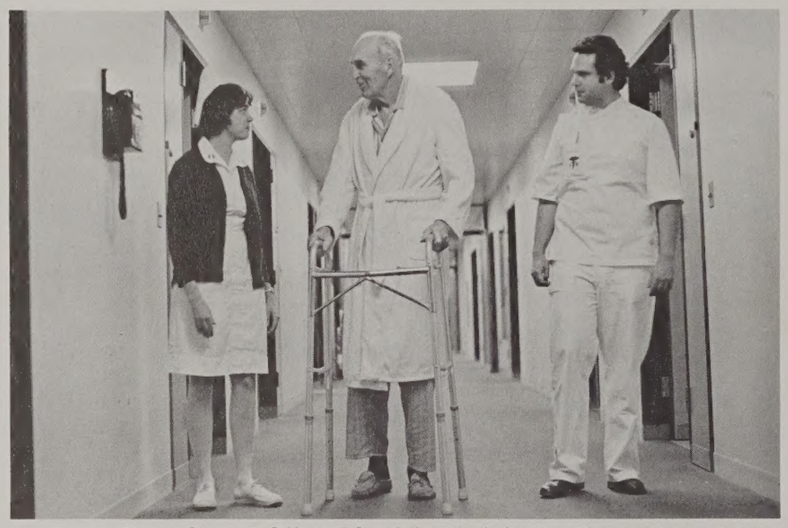
Bob Napolitano, accounting manager for Gillette, has been the visiting reservist on that floor for the last few months. His work there is well received. "It is very beneficial to the patients," said Frank Walsh, unit clerk on Deaconess 4. "There is a lack of activity after 3 p.m., and it gives paltients a chance to partake in some activities. They (the patients) like it. They look forward to it. In fact, they wish it were more than one night a week."

On the Observation Unit and Farr 8 the reservists are involved more in staff support than in recreational activities.

"They assist the nurses in some of the less critical care components of patient care," said Miss Hurley. "On the Observation Unit the reservists transport patients to the x-ray department, check vital signs, give snacks, provide diversion to patients' relatives, and provide some patient care treatments."

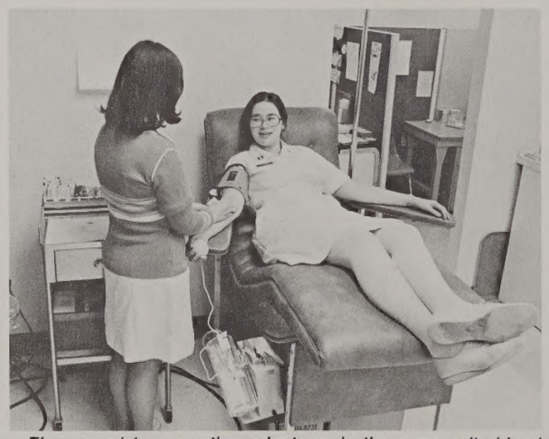
On Farr 8 the reservists augment the staff by doing the same things as Deaconess nursing aides do – check vital signs, ambulate patients, provide snacks, and get patients ready for bed.

Reservist Jane Staubitz, R.N., a nurse in the neonatal intensive care unit of Children's Hospital Medical Center, finds the Deaconess a nice change from Children's Hospital. "It gives me a chance to keep up with adult health."



Captain Sharon Pierpont, R.N., and Specialist Dennis Martignetti ambulate a patient on Farr 8.

Specialist Bob Napolitano leads a group of patients in charades on Deaconess 4.



The reservists are active volunteers in the community blood donor program. One Monday evening Captain Jane Staubitz, R.N., donated blood.

A reservist on the Observation Unit will often take a patient's blood pressure, as Agatha Keiper, R. N., is doing.

Field hockey is a favorite on the Diabetes Treatment Unit, where Specialist Marty McCarthy and Captain Ann Hurley play with the children on the unit.

Doreen Nicholas, R.N. Observation Unit, agreed with other Deaconess employees when she said that the reservists are very helpful. "They're very interesting because they come from different walks of life."

Although some of the reservists are nurses, such as Ms. Staubitz, and Sharon Pierpont, a nurse in a doctor's office, most of the others are in non-medical professions. For example, Steve Downing is a real estate broker and Dennis Martignetti is an accountant.

Most of the reservists are involved in the community blood donor program as donors. Six are members of the Gallon Club. If the blood bank is running short of a particular blood type, the blood bank can call the reservists at work and they will often come to the Deaconess on their own time to give blood.

When Nancy Dolan, R.N., clinical nurse specialist, organized hypertension screenings for employees last year, the reservists carried out the program on Monday evenings for employees on the 3-11 p.m. shift.

As reservist Agatha Keiper, R.N., nurse anesthetist at Robert Breck Brigham Hospital, said, you can learn a lot from the program. But the reservists also give a great deal. While keeping their medical and surgical skills polished, they provide support on four units. Their work in staffing and recreation at the Deaconess makes Monday evenings' work load a little lighter for employees, and it makes the patient's stay in the hospital more pleasant.

The Palmer lobby before 1960

MEMORABILIA NEEDED FOR NEDH ARCHIVES. *The New England Deaconess Hospital recently celebrated its 81st birthday – and has been located since 1907 on the present site. During these past 70 years, many changes have taken place. Adjacent property has been purchased. Old buildings have been torn down or remodeled. New buildings have been added. We would like, as much as possible, to keep accurate records and memorabilia concerning these changes. If you have any materials of historical value to the Deaconess Hospital that you can accurately identify by date and which you would be willing to relinquish, would you send them to the NEDH public relations department? Eventually, perhaps, they can be catalogued and set up in one section of the library as a permanent display. We will have to retain the right of decision as to the items to be used but would deeply appreciate the chance to establish an historical section to display our heritage with pride. The public relations department is located in Room 522 of the Lowry Medical Building, 110 Francis Street.*

B.S. not required for R.N.'s to practice

Rumors that nurses in Massachusetts will soon have to have a college degree to practice have been denied by the Massachusetts Nurses Association. MNA Executive Director Regina Villa said that she believed the confusion arose because there has been a proposal in New York State that would require all professional nurses entering practice in that state after 1985 to have at least a bachelor's degree. There is no similar plan for Massachusetts.

Mrs. Villa pointed out that in Massachusetts a larger number of nurses are graduated from hospital-based schools than in almost any other state, and that these nurses provide a significant portion of the health care needed in this state.

In related news, the MNA and the Licensed Practical Nurses of Massachusetts, Inc. have filed a bill with the Massachusetts Legislature which would require nurses to participate in continuing education courses by 1982 if they are to practice in Massachusetts, but this in no way requires enrollment in college. Instead, it will mean that practicing nurses would be required to participate for a specified number of hours each year in workshops, seminars, training programs, and other educational programs in hospitals and health care facilities, professional associations and health care societies, or in the non-degree granting extension divisions of local colleges and universities.

Regardless of the outcome of the legislation, the department of nursing here will continue its present policy of sponsoring workshops which provide CEU's as well as encouraging attendance at workshops outside the hospital for which CEU's are awarded.

Volunteer on DTU

If you have a few extra hours a week, try volunteering. The Diabetes Treatment Unit needs volunteers to work with people of all ages who are patients on the unit. Anyone who enjoys dancing, sports, or games, or who can play the guitar or lead a sing-a-long, and can give some of his or her time and talent, should call Marjorie M. LeBeau or Jane A. Tilley, 734-7000, ext. 2043.

MOVED. *Now that Harris Hall no longer houses the NEDH School of Nursing, it has been remodeled for offices. From January to March, offices were moved from the Deaconess and Baker buildings and 25 Autumn Street. Employee relations, outpatient billing, and the health clinic are on the ground floor of Harris Hall. The Horrax Medical Library (pictured above), staff education, and training coordination are on the first floor. Purchasing, accounting, and the business office are on the second floor. On the third floor are the residents quarters and offices for engineers from the Massachusetts Hospital Association. Located behind Harris Hall is the materials center at 467 Brookline Avenue.*

Two wheel drive

With the weather warmer and the days longer, people are thinking of trading their four wheels for two. Bicycles are coming out of the closets and into the streets. As an inexpensive and efficient form of transportation, the pleasure of riding a bicycle far exceeds the misery of waiting for the MBTA and the agony of a traffic tie-up. You just pedal on by the crowd. As for exercise, bicycling beats push-ups. The bicycle transforms flab into svelte muscle by the simple act of pedaling.

To get the most out of the bicycle experience, service your bicycle as you would your car to keep it running smoothly and safely. You'll have a better ride. Tighten handlebars, grips, seat and pedals, replacing worn pedal treads. Check your tires weekly for cuts, worn tread, and proper inflation. Make sure your brake pads make full contact with the rims of the rear wheels. Check cables for fraying. Clean and replace the bearings and remove and clean the chain in solvent once a year. The chain should be checked for damaged links and lubricated with light oil. It's a good idea to have your bicycle checked yearly by a reliable serviceman.

Once you have given your bicycle its tune-up, you should be ready for the road. Observe all traffic regulations, the same as you would when you are driving a car. Keep to the right and drive with traffic, never against it. Obey traffic signs, signals, and pavement markings. Ride single file, in a straight line. Use left hand signals well in advance of slowing down, stopping or turning so both hands are on the handlebars when you make the maneuver. Don't crowd between cars at stop signals or between a car and a curb. One slight swerve and a passing car may hit you. If traffic is heavy, get off and walk across the intersection, dismounting on the side farthest from traffic. You'll never win in a contest with a car. Be prepared to yield the right of way.

Don't assume that the Boston driver is keeping an eye on both you, the bicyclist, and the rest of rush hour traffic. Watch out for parked cars pulling into traffic, sudden stops or turns, and car doors opening. Keep a safe distance between you and the car ahead. Watch for pedestrians stepping off a curb and into your path. They may not see you approaching.

If you drive at night, which is when the most serious accidents happen, the Uniform Vehicle Code requires that you have a white headlight and a rear red reflector. It is also a good idea to wear brightly colored clothing or attach reflective tape on the back of your jacket.

The bicycle first came into being in 1834. It was made in Germany out of wood and was called a hobby horse. The United States designed its first bike in 1877. It weighed over 70 pounds and cost $313. In the 1900s bikes became so popular in this country, that policemen were arresting 12-mile-an-hour speedsters. In the '70's the bicycle has emerged as a practical, economical, and environmental method of transportation, as well as a popular form of exercise.

If you want to try bicycling to work, the Deaconess has bike racks where you can lock up your bike at the Pilgrim Road garage.

NUTRITION: FOODWAYS TO FUN AND FITNESS. *Colorful banners hanging from the cafeteria ceiling heralded National Nutrition Week, March 7-11. Displays organized by the dietetic interns informed hospital employees on "Nutrition: Foodways to Fun and Fitness," the American Dietetic Association theme for the week. Interns Marcia Kistler and Roseann Cutroni, assisted by Ruth Clarke, Barbara Deitz, Mary Mendonca, Mary Burks, Mary Beth Smaha, and Beth Speerstra, set up a booth in the cafeteria where each day they focused on a different nutritional subject. Monday was sodium; Wednesday, fiber; Thursday, cholestrol and saturated fats; and Friday was snacks. The biggest success was Tuesday, calorie day, when interns Marcia Kistler (l.) and Roseann Cutroni showed employees, such as Dr. Mary Anne Totten, how to determine frame size. People who had too much weight for their frame size could obtain calorie information as a guide to cutting down their calories and their weight. Fortune cookies with nutritional messages tucked inside aided the diet conscious.*

Dr. Warren and others honored at coffee hour for long-term service

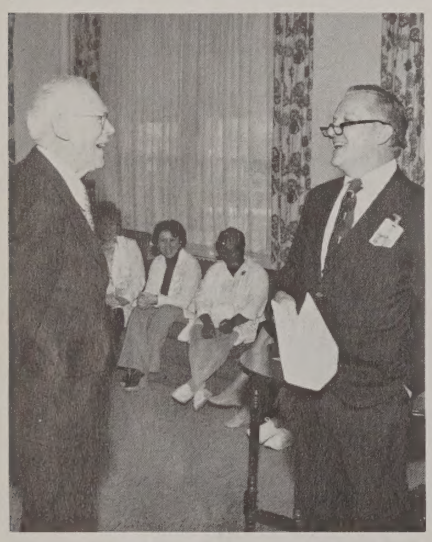
For the first time at the Deaconess an employee attained 50 years of service with the hospital. Dr. Shields Warren, pathologist-in-chief emeritus, was given a round of applause at the March 8 coffee hour honoring long-term employees. On April 22, the night of the annual service awards dinner, he will be honored again for his dedication to medicine and to the New England Deaconess Hospital. (Dr. Warren is featured on page 1 of this issue of **PULSE.**)

At the March 8 service award coffee hour at Harris Hall, those employees with five to fifty years of service were given pins and the opportunity to reflect on their many years here, as President Laurens MacLure gave a brief history of the hospital. He said that the Pulse was started 30 years ago, the hospital broke ground for the Farr building 25 years ago, and that recognition of long-term employees was formalized 20 years ago with the first awards program held at Longwood Towers.

The hospital has grown over the years in size, in the number of services it provides, and in the number of employees. Over the last five years the Meissner Laboratory and Kennedy Hall were built. Harris Hall is now being converted for office space.

LEFT. *Five-year service award recipients are: (l. - r.) Norman P. Ferdinand, Lowry Medical Building; Jean E. Forde, recovery room; Anibal Pagan, laundry; and Ferdinand Coderre, Sr., operation of the plant. Not pictured are Carol A. Siembieda, foot room; Jeanne L. Szczesniak, telephone; and Karen Walsh, dietetics.*

ABOVE: *Ten-year service award recipients are: (sitting l. - r.) Christel R. Watson, nursing service; Elizabeth M. Scott, anatomic pathology; (standing l. - r.) Alfreds Veisbergs, maintenance and engineering; Janis Kalns, operation of the plant; Barbara A. Hurley, anatomic pathology; and David R. McLean, operation of the plant. Georgia Constas, coffee shop; Beverly A. Green, IV therapy; and Bonnie Pfennighaus, nursing service, could not attend the coffee hour.*



Dr. Shields Warren has been at the Deaconess for 50 years, the first employee of the hospital to have worked here so long. The pathologist-in-chief emeritus is congratulated by President Laurens MacLure.

Five-year service award recipients are: (l. - r.) Corris Carlson, school of nursing; Sharon Roley, chemistry; Rose Klein, nursing service; and Walter A. Wolonsavich, pharmacy. Those who could not attend the coffee hour are Joyce Blank, blood bank; Winston Cook, Jr., respiratory therapy; Clotilde Dear, Carol S. Friedman, dietetics; Pearl B. Green, nursing service; Jose R. Leyva, dietetics; Laura J. Mackil, nursing service; and Marjorie Newell, dietetics.

President Laurens MacLure (l.) and Director Richard E. Lee (r.) flank long-term service award employees (l. - r.) Priscilla H. Tinkham, assistant to the director for systems and planning, 20 years; Suzanne Fountaine, dietetics, 25 years; and Marjorie R. Pond, administrative assistant, 35 years. Alfred F. Desimone, diagnostic radiology; and Joanne P. Fritsch, nursing service; could not attend the coffee hour to accept their fifteen-year service award pins.

New England Deaconess Hospital
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pulse

The New England Deaconess Hospital is a 489-bed and 16-building complex. Physicians from the Joslin Clinic, the Lahey Clinic, Overholt Thoracic Clinic and the independent medical and surgical staffs serve the needs of their patients at the hospital. The Deaconess is internationally known for diagnosis, treatment and research in brain and chest surgery, cancer, diabetes and general medicine, and is affiliated with Harvard Medical School.

PULSE is published monthly by the public relations department of the New England Deaconess Hospital.

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